1. Choose the correct answer from the box and fill in the blanks:

bad health, 8 to 9, circular, bones, meals

a. A good posture helps the ________ to grow properly and keep them strong.

b. Teeth should be brushed in a ________ motion:

c. Wash your hands before and after ________.

d. Wrong postures can lead to ________.

e. We should sleep for at least ________ hours every day.

2. Complete the sentence:

We should have good and healthy habits to ________.

3. Answer the following:

a. What is posture?

__________________________

__________________________

b. Write any three healthy habits:

1. ________

2. ________

3. ________
a. Tick (✓) the right actions and cross out (X) the wrong ones:

b. Match the following:

1. 
   sneezing ( )

2. 
   brushing ( )

3. 
   combing ( )

4. 
   bathing ( )

5. 
   oiling the hair ( )

Teacher's Signature: ___________________
I. Identify the pictures and answer the following:

1. A _________________ is a collection of books.

2. a) The name of our school is ____________________________
   ____________________________
   ____________________________
   ____________________________

   b) The principal of our school is ____________________________
   ____________________________
   ____________________________

   c) The headmistress of our preparatory section is
   ____________________________
   ____________________________
   ____________________________

3. a) The _________________ teaches us lessons.
   ____________________________
   ____________________________
   ____________________________

   b) My class teacher's name is ____________________________
   ____________________________
   ____________________________
II. **Solve the puzzle**:

1. Who guards our school?
2. Who rings the bell?
3. We should not ________ on the wall.
4. A written account of something.

III. **Match the following**:

1. ![Lotus Flower]
2. ![Indian Rupee]
3. ![Tiger]
4. ![Peacock]
5. ![Mahatma Gandhi]

   a) National animal  b) Mahatma Gandhi  c) National bird  d) National flower  e) Indian currency

IV. **Colour the National Flag of India**:

![National Flag of India]
LESSON – 14  
SAFETY RULES

NAME: ________________  SEC: _____  ROLL NO: _____  DATE: _____

I. Colour the pictures which show that safety habits are being followed:

II. Fill in the blanks. Choose the right word from the box.

ambulance  safety rules  first aid  antiseptic lotion  stairs

1. We must follow ________________ in our daily life.
2. We must not run up or down the ________________.
3. The first medical help given to anyone in case of an accident is called ________________.
4. For cuts and wounds ________________ has to be applied.
5. If a person needs to be taken to a hospital we call an ________________.
III. Circle things that go into a first aid kit.

- Cotton Roll
- Pencil
- Antiseptic Ointment
- Ice Pack
- Pillow
- Bandage
- Candy
- Scarf

IV. Colour the traffic lights and write the meaning of each light.

_________________________  
_________________________  
_________________________  

Teacher’s signature: ___________________________
Q1. Match the animals to their homes:

a. 

b. 

c. 

d. 

Q2. Write the names of the animals according to their groups:

<table>
<thead>
<tr>
<th>deer</th>
<th>parrot</th>
<th>hen</th>
<th>fox</th>
<th>bear</th>
</tr>
</thead>
<tbody>
<tr>
<td>cow</td>
<td>rabbit</td>
<td>sheep</td>
<td>cat</td>
<td></td>
</tr>
</tbody>
</table>
Q.3. Circle the things which we get from animals:

- [ ] Book
- [ ] Tea
- [ ] Fruits
- [ ] Milk
- [ ] Butter
- [ ] Yarn

Q.4. Solve the riddles:

a) I give wool which keeps you warm during winter.
- [ ]
- [ ]
- [ ]
- [ ]

b) I am a faithful animal who guard your house.
- [ ]
- [ ]

- [ ]

c) I am the national animal of India.
- [ ]
- [ ]
- [ ]

Q.5. All the animals have babies. Most babies look like their parents.

Write the names of their young ones:

Cat: [ ]
Duck: [ ]
Sheep: [ ]

Teacher's signature: [ ]
I. Identify the different means of communication and write the missing letters:

1. M_I_L
2. F_X M_C_H_I_E
3. O_E P_O_E
4. N_W_P_E
5. _E_L_ O_E
6. R_D_O

II. Choose the means of communication for the following situations:

a) Rohan was absent to school. How will he communicate with his friend to know the absent work? (newspaper / mobile phone)

b) Sara wants to send a parcel to her friend. Which means of communication she would choose? (faxmachine / postal service)
III. Cross out the old means of communication and colour the new one:

IV. Arrange the following pictures in proper order:

V. Fill in the blanks:

1. The telephone was invented by______________________________.

2. The _______________ is the storehouse of information.

Teacher's Signature:________