

**INTERNATIONAL INDIAN SCHOOL, DAMMAM****MODEL EXAMINATION- 2015****CLASS- XI****M. MARKS – 80****SUBJECT- ENGLISH****SET- A****TIME- 3 HRS.****GENERAL INSTRUCTIONS:**

- The question paper has been divided into 3 sections: A, B & C.
- All sections are compulsory.
- Separate instructions have been provided with each section or question wherever necessary. Follow the instructions carefully.
- Do not exceed the prescribed word limit.

**SECTION- A : READING [ 20 Marks]****Q-1] Read the passage carefully and answer the questions that follow:****12 Marks**

The New Year is a time for resolutions. Mentally, at least, most of us could compile formidable lists of 'do's, and don'ts'. The same old favourites recur year in year out with monotonous regularity. We resolve to get up earlier each morning, eat less, find more time to play with the children, do a thousand and one jobs about the house, be nice to people we don't like, drive carefully and take the dog for a walk everyday. Past experience has taught us that certain accomplishments are beyond attainment. If we remain deep-rooted liars, it is only because we have so often experienced the frustration that results from failure.

Most of us fail in our efforts at self-improvement because our schemes are too ambitious and we never have time to carry them out. We also make the fundamental error of announcing our resolution to everybody so that we look even more foolish when we slip back into our bad old ways. Aware of these pitfalls, this year I attempted to keep my resolution to myself. I limited myself to two modest ambitions; to do physical exercise every morning and to read more every evening. An all-night party on New Year's Eve provided me with a good excuse for not carrying out either of these new resolutions on the first day of the year, but on the second, I applause myself assiduously to the task.

The daily exercise lasted only eleven minutes and I proposed to do them early in the morning before anyone had got up. The self-discipline required to drag myself out of bed eleven minutes earlier than usual was considerable. Nevertheless, I managed to creep down into the living-room for two days before anyone found me out. After jumping on the carpet and twisting the human frame into uncomfortable positions, I sat down at the breakfast table in an exhausted condition. It was this that betrayed me. The next morning the whole family trooped in to watch the performance. That was really upsetting but I



fended off the taunts and jibes of the family good humouredly and soon everybody got used to the idea. However, my enthusiasm waned, the time I spent at exercises gradually diminished. Little by little the eleven minutes fell to zero. By January 10<sup>th</sup> I was back to where I had started from. I argued that if I spent less time exhausting myself at exercises in the morning would keep my mind fresh for reading when got home from work. Resisting the hypnotizing effect to television, I sat in my room for a few evenings with my eyes glued to a book. One night, however, feeling cold and lonely, I went downstairs and sat in front of the television pretending to read. That proved to be my undoing, for I soon got back to the old bad habit of dozing off in front of the screen, I still haven't given up my resolution to do more reading. In fact, I have just bought a book entitled 'How to read a Thousand Words a Minute'. Perhaps it will solve my problem, but I just haven't had time to read it.

**1.1 Answer the following questions by choosing the most appropriate option: 1 x 6 = 6 Marks**

1. According to the writer, past experience of resolutions has taught us:
  - a) Frustration results from failure
  - b) Certain accomplishments are beyond attainment
  - c) New year is a time for resolution
  - d) Failure are a part of life
2. Most of us fail in our efforts at self improvement because
  - a) Our schemes are too ambitious
  - b) We never have time to carry them out
  - c) We announce our resolution to everybody
  - d) All of these
3. It is a basic mistake to announce our resolution because
  - a) We have no excuse to revert back to our earlier life
  - b) We can't be nice to people we don't like
  - c) We look more foolish when we slip back to our old ways
  - d) None of these
4. The writer did not carry out his resolution on New Year's Day because
  - a) He had attended an all night party
  - b) He was glued to the TV
  - c) The exercise was only for eleven minutes
  - d) Everyone was awake and watching him
5. The writer thought of keeping his mind fresh by:
  - a) Watching TV
  - b) Exercising for eleven minutes
  - c) Reading
  - d) Finding more time to play with children
6. The word which is similar in meaning to 'decrease' is
  - a) Formidable b) monotonous c) attainment d) diminish

**1.2 Answer the following questions:**

**1 x 6 = 6 Marks**

1. What do people normally resolve to do every New Year?
2. Why do most of us fail in our efforts at self improvement?

3. Which two things did the writer decide as a part of his new year's resolution?
4. What is the fundamental error most of us make?
5. 'The next morning the whole family trooped in to watch the performance'. What performance is the writer talking about?
6. Which book did the writer buy and why?

**Q-2] Read the given passage and answer the questions that follow:**

**8 Marks**

1. The epidemic of heart attacks has been attaining alarming proportion in recent times causing grave concern, especially to the medical fraternity.
2. To contain and control the increasing death and disability from heart attacks and to focus on public awareness and their involvement at the global level, the World Health Organisation (WHO) and the World Heart Federation observed September 24<sup>th</sup> as the World Heart Day.
3. What causes heart attacks? Dr. H.S. Wasir, Chief Cardiologist and Medical Director, Batra Hospital and Medical Research Centre, lists four main habits which adversely affect the heart health. These are: lack of physical exercise, wrong eating habits, cigarette smoking and excessive alcohol consumption and stressful lifestyle.
4. The importance of physical exercise in minimizing the incidence of heart attack cannot be underestimated. "Physical exercise," says Dr. Wasir, "plays a major role in achieving a long and healthy life in general and prevention of heart attacks in particular." There are several studies showing that physically active people have higher longevity than those sedentary or physically inactive.
5. In fact, the review of modern medical literature sums up the role of physical activity in health as 'regular physical exercise adds not only years to life but also life to years'. It is the experience of many modern-day physicians that some patients of angina (chest pain or discomfort on physical or mental exertion or after meals) do get relief with regularly done physical exercise.
6. What type of physical exercise and how much, one may ask. It is the isotonic (dynamic) exercise that is beneficial for the heart and not the isometric (static) exercise, which should be avoided by heart patients. Weightlifting, carrying heavy suitcases while travelling, pushing a car, etc. are some of the examples of isometric exercises. Examples of the beneficial type of physical activity (dynamic exercise) are: brisk walking, swimming, golf without power carts, badminton and tennis (doubles for those with old heart attacks but fully recovered, to be started only after the physician's advice).
7. Walking is the best mode of doing regular physical exercise which requires no equipment, money, material or membership of a club! 30 to 60 minutes brisk walk even on alternate day has been proven to be beneficial. Stationary cycling or walking on a treadmill at home are the other alternatives.

8. Walk up the stairs instead of using a lift if going up to three or four floors or getting off the lift two or three floors before the destination and walk up the rest through stairs. Going up several floors in an overcrowded lift with limited fresh air to be shared by so many may however prove unhealthy.

9. Park a little away from the workplace and walk that healthy distance.

10. Best time for brisk walks would be the early mornings before the traffic flow picks up and walking in the parks with thick plantation. Jogging on the roads with heavy traffic should be avoided as you will be inhaling air polluted with the toxins from vehicular exhaust such as dioxides of sulphur and nitrogen.

11. "Before starting any physically exercise programmes for the first time, one must get fully evaluated by a cardiologist, so as to avoid any harm being done by exercise, if there is serious underlying heart disease needing treatment," warns Dr. Wasir.

**2.1 Make notes on the passage in a suitable format using recognizable abbreviations wherever necessary. Give a suitable title to the passage. Marks 5**

**2.2 Summarise the above passage in about 80 words. Marks 3**

**SECTION-B: WRITING SKILLS AND GRAMMAR [30 Marks]**

**3. Delhi can lay its claim to be a modern city primarily because of the Metro Rail System. It is an efficient and well planned mode of transport. Prepare a poster stating the Do's and Don'ts while using Metro. 4 Marks**

**4. You are Vishal/Vaishnavi Verma, living at 3A, Gulmohar Society, Andheri West, Mumbai. You are deeply troubled by the discrimination practiced against the girl child even in urban areas, among well educated, prosperous families. This discrimination can be seen most blatantly in matters of food and nutrition, health care, education, allowances, work at home and freedom, etc. Write a letter in about 120 to 150 words to the editor of a national newspaper, strongly condemning such practices. 6 Marks**

**5. In spite of the benefits of education and financial independence, the condition of women in India is far from satisfactory. They are the victims of domestic violence and are exploited at workplace as well. Female infanticide is quite common in our country. Prepare an article on the topic, 'Indian Women in the Twenty First Century' in about 150- 200 words. You are Daksh/Diksha. 10 Marks.**

6. Complete the given paragraph with most appropriate words. Marks  $\frac{1}{2} \times 6 = 3$

Yesterday a blue line bus (a) -----(run) over a school boy who (b)----- (cross) the road. The boy (c) -----(injure) seriously and (d)----- (rush) to the hospital. The passengers (e)----- (catch) hold of the driver and (f) ----- (hand) him over to the police.

7. The following passage has not been edited. There is one error in each line. Write the incorrect word and the correction in your answer sheet. Remember to underline the word that you have supplied: Marks  $\frac{1}{2} \times 6 = 3$

	INCORRECT	CORRECT
Overeating was one of the most wonderful	Example - was	is
practices between those who think they	(a) _____	_____
can afford it. In fact, authorities says that	(b) _____	_____
nearly all which can get as much as	(c) _____	_____
they desire overeat to his	(d) _____	_____
disadvantage. This classes of people	(e) _____	_____
can save a great amount in food.	(f) _____	_____

8. Rearrange the following words or phrases to form meaningful sentences. Marks  $1 \times 4 = 4$

For example: the / Indian / English / exploited / the / farmers

The English exploited the Indian farmers.

- 1) pay / the / had to / poor farmers / high taxes / very
- 2) natural disasters / farmers / share of taxes / even / pay / their / in times of / the / had to
- 3) also / cultivate / they / asked them to / had to / those / which / crops / the English
- 4) lives / difficult / made / had / farmers' / the English / the / very

**SECTION C: LITERATURE & LONG READING TEXT [30 MARKS]**

**9. Read the lines given below and answer the questions, choosing the best option:      Marks 1 x 3 = 3**

Where did my childhood go?

Was it the time I realized that adults were not

All they seemed to be,

They talked of love and preached of love,

But did not act so lovingly,

Was that the day!

**1. The poet of this poem is.....**

- (a) Elizabeth Jennings
- (b) Markus Natten
- (c) Walt Whitman

**2. 'They' in the stanza refers to.....**

- (a) Poet's thoughts
- (b) Adults
- (c) Love and Preaching

**3. The poet realizes the .....of the adults.**

- (a) Judiciousness
- (b) The hypocrisy
- (c) Sagaciousness

**10. Answer the following questions briefly:**

**Marks 3 x 3 = 9**

**(a)** What dilemma did Andrew face when the child was born?

**(b)** Mrs. Pearson says ".....I've joined the movement." What does she mean?

**(c)** What preparations did the author and his wife make for their round to the world sea voyage?

11. The poem 'A Photograph' is dedicated to the memory of the poetess' mother. The relationship between a mother and child is the most precious of all relationships. Ann and Jane Taylor, writers of children's stories of the 19<sup>th</sup> century, wrote

"Who ran to help me when I fell?

My Mother."

Write an article in about 120 – 150 words on what a mother symbolizes for you – selfless service, sacrifice unquestioning love, or your country. **6 Marks**

12. Describe some of the famous disguises and acts of the Canterville Ghost which he had used to scare people over three hundred years. Write in about 120 - 150 words. **6 Marks**

13. How was Virginia rewarded for her act of generosity? What she allowed to keep with her as a reward? Answer in about 120 – 150 words. **6 Marks**