

INTERNATIONAL INDIAN SCHOOL – DAMMAM (2014 – 2015)

Subject: Home science

II TERM EXAMINATION

Marks: 70

Class: XI

Time: 3 hours

General Instructions:

- a) All questions are compulsory
- b) Marks for each question is indicated against it
- c) Read each question carefully and answer to the point
- d) All parts of a question should be attempted together

Set A

- 1) Define immunity. (1 Mark)
- 2) What diseases can be prevented by giving DPT vaccine? (1 Mark)
- 3) The ICMR recommendation of protein for an adult is _____ (1 Mark)
- 4) Wet cooking method _____ the protein and makes it easy for digestion (1 Mark)
- 5) What is Dovetailing? (1 Mark)
- 6) Name two cellulose fibre. (1 Mark)

- 7) Write two symptoms of measles and two ways to care such patients. (2 Marks)
- 8) Write two advantages and disadvantages of sibling care as a method of substitute child care. (2 Marks)
- 9) What is angular stomatitis? Write the nutrients responsible and few food sources to prevent the same. (2 Marks)
- 10) How are colours classified? (2 Marks)
- 11) Fathima, a teenager is complaining of fatigue. What could be reasons for her fatigue? (2 Marks)
- 12) What precautions would you take before storing cotton for long period? (2 Marks)
- 13) What is tpi? Why is twisting necessary in yarn making? (2 Marks)

- 14) Write the immunization chart for children between 0 to 5 years (3 Marks)
- 15) Write the symptoms of vitamin A deficiency. (3 Marks)

- 16) What is the role of ICDS in achieving the health and nutritional status of women? (4 Marks)
- 17) What are the diseases caused due to PEM among children under 5 years of age. Write any 4 differences among them. (4 Marks)
- 18) Rani is suffering from depression, moodiness and irritability. Name the deficiency disease and its symptoms. Suggest the food source to prevent it. (4 Marks)

- 19) List the steps involved in making a time plan and make day's time plan for an office going woman. (4 Marks)
- 20) Give a comparative account of plain and twill weave. (4 Marks)
- 21) Explain the use and care of polyester fibre. (4 Marks)
- 22) Why Calcium is called a major element? Discuss the functions and sources of calcium. (5 Marks)
- 23) Explain any two method of enhancing the nutritive value of food at no additional cost. (5 Marks)
- 24) Mrs.Rajni has recently moved in to new house. Suggest her the important factors she could use to expand the available space. (5 Marks)
- 25) Discuss the physical, thermal, chemical and biological properties of cotton. (5 Marks)