General Instructions
(a) All Questions are compulsory.
(b) Mark for each question is indicated against it.
(c) Read each question carefully and answer to the point.
(d) All parts of a question should be attempted together

1. Give 2 sources of money income 1x5=5

2. State the RDA of Iron for a Pregnant & lactating woman.


4. Suggest a garment neckline for an individual having short neck. Why?

5. Define Menarche.

6. What are the advantages of saving? 2x7=14

7. How does profession affect the choice of clothes? Give two examples.


   b) Fibrous food should be avoided for a person suffering from diarrhea.

9. What is the effect of colour on the personality of an individual?

10. Neha is designing a salwar suit for a woman who has fat arms. How will you make sure that she shift focus away from her arms & maintain harmony.

11. Sudha is a college going student. Suggest four different ways by which she can supplement her her family income. (One from each field)

12. What is ORS? Write the WHO formula.
13. Highlight the importance of packed lunch for school going children & list 3 points to be considered while planning. 3x5= 15

14. Explain different stages of a formal operational child.

15. Trace the effect of peers and family on social & emotional development of adolescents.

   b) Realistic design & Decorative design

17. Elaborate on any 6 rights of consumer

18. List out the various factors you will keep in mind while making a sound investment. 4x4=16

19. Explain 4 pitcher method of filtration along with its drawbacks & benefits.

20. List different food groups along with suitable examples

21. Differentiate between 'LIC and Kisan Vikas Patra's'

22. What are the factors affecting selection of clothing for an individual? 5x4=20

23. Plan a dinner for a family of four members. Suggest three modifications in it to meet the nutritional needs of a pregnant mother. Give reasons for your suggestion.

24. Explain the different components of family income with examples.

25. What is 'rhythm' Present ways by which rhythm can be created in a frock.