

INTERNATIONAL INDIAN SCHOOL - DAMMAM

1st TERMINAL EXAMINATION- JUNE 2015

SUBJECT: HOME SCIENCE

TIME: 3 Hours

CLASS: XII

MARKS: 70

General Instructions

- There are 25 general questions.
- Question nos. 1-6 are very short answer questions carrying 1 mark each. Answer to these questions should be in one or two lines.
- Question nos. 7-13 are short answer-I questions carrying 2 marks each. Answer to these questions should not exceed 10 - 20 words.
- Question nos. 14 and 15 are case study based and picture based questions carrying 3 marks each. Answer to these questions should not exceed 20 - 30 words.
- Question nos. 16-21 are long answer questions carrying 4 marks each. Answer to these questions should not exceed 30 - 40 words.
- Question nos. 22- 25 are long answer questions carrying 5 marks each. Answer to these questions should not exceed 40 - 50 words.
- Support your answer with suitable examples wherever required.
- All questions are compulsory

1. Give two reasons to maintain the household account by a family. 6X1= 6
2. Preeti has studied Home Science in class XII. She wants to pursue further education in the same field. Suggest her any two options for the same.
3. What is balanced diet?
4. Name 3 characteristics of color.
5. How can fuel be saved by meal planning
6. Name 2 nutrients needed more during infancy.
7. Enlist 2 cognitive changes that take place in adolescent girls 7X2= 14
8. Define 'menarche'.



9. Write two advantages each of LIC and post office scheme.
10. Rahul is living in hilly areas. Discuss 4 important factors influencing his family meal patterns.
11. Present a format to record the daily expenditure of a family along with 2 advantages.
12. State the difference between growth and development.
13. Suggest 2 ways of creating harmony in salwar kameez. 2X3=6
14. Neelu just turned 13 and is feeling stressed out. Tell her different ways to tackle stress and peer pressure.
15. During rainy season almost everyone suffers from stomach ailments. You have suggested them to use chlorine tablets to make water safe for drinking. Write the method and give two reasons for your suggestion. Also write 2 precautionary measures while using these tablets.
16. Your sister is very thin and tall; suggest her different ways to hide figure flaws 4X6=24
17. Why breast milk is important for infant. Give 4 points.
18. What problem do late matures encounter.
19. What are the various self employment and wage employment options available for a student of Foods & Nutrition.
20. What are the main features of senior citizen saving scheme?
21. Hiba wants to make some investment in order to save income tax. Suggest her at least 4 schemes in which she can invest in order to save income tax along with other advantages of the scheme(2 points each).
22. Meera is dress designer who wants to brush up her knowledge on principles of design. help her in designing the garment keeping in mind all the principles. 5X4=20
23. Differentiate between Public provident fund and Employee provident fund.
24. What do you understand by money income, real income and psychic income? Explain
25. Following food have been served in lunch today:
Parantha, Spicy pea potato curry, Dal tadka, Tomato- onion salad
What food items from this menu can be served to a pre-schooler from this menu and suggest 2 suitable modifications as needed.