PART- A (10x1=10)

1. ____________ proposed the triarchic theory of intelligence.

2. ____________ are agents causing physical illness.

3. The full form of AAMD is ________________.

4. MMPI stands for ________________.

5. ________________ focuses on the links between the mind, the brain & the immune system.

6. The state of physical, emotional, & psychological exhaustion is known as ____________.

7. ____________ results from the blocking of needs & motives by someone.

8. Define Paraphrasing.
9. _______ is the term used to describe the level of stress that is good for you.

10. The instinctual life force that energises the id is called _______.

**PART B** (6X2=12) 30 words

11. Explain Primary Appraisal.

12. Explain The Thematic Apperception Test.

13. What is meant by The Delay of Gratification?

14. Differentiate between intrapersonal & interpersonal communication.

15. Differentiate between personal identity & social identity.

16. Define what is Intelligence according to Binet & Wechsler.

**PART C** (4X3=12) 60 words

17. Explain Charles Spearman’s Two Factor Theory of Intelligence.

18. Explain Freud’s Three Levels of Consciousness.

19. Define Life Skills. Name at least four Life Skills & explain any one.

20. Which of the two, IQ or EQ, do you think would be more related to success in life and why?

**PART D** (6X4=24) 100 words


22. Describe the GAS Model & illustrate the relevance of this model with the help of an example.

23. Explain the effect of stress on psychological functioning.

24. Explain the characteristics of an effective counsellor.

25. Explain the Rorschach Inkblot Test & Rosenzweig’s Picture Frustration Study.

26. What is the typical format of a counselling interview? Explain.

**PART E** (2X6=12) 200 words

27. Describe Gardner’s Theory of Multiple Intelligence.

28. Describe Sigmund Freud’s Five Stage Theory of Personality.