

INTERNATIONAL INDIAN SCHOOL, DAMMAM
MODEL PAPER (2017-2018)
SUBJECT: PSYCHOLOGY
CLASS XII

TIME: 3hrs.

SET-B

Max Marks:70

General Instructions:

1. All questions are compulsory.
2. Answers should be brief and to the point.
3. Questions from 1-10 in Part A carry 1 mark each. Answer them as directed.
4. Questions from 11-16 in Part B carry 2 mark each. They should not exceed 30 words.
5. Questions from 17- 20 in Part C carry 3 marks each. They should not exceed 60 words.
6. Questions from 21-26 in Part D carry 4 marks each. They should not exceed 100 words.
7. Questions from 27- 28 in Part E carry 6 marks each. They should not exceed 200 words.

PART A (1X10=10 Marks)

1. Dipa is the first Indian gymnast to qualify for the Rio olympics 2016. According to psychologists, Dipa would be high on _____ intelligence.
A) Spatial
B) Naturalistic
C) Interpersonal
D) Bodily-Kinesthetic
2. Aggression that is shown towards a weaker person who is unlikely to react is called _____.
3. Expand GAS.
4. Mehul keeps organizing her room the whole day. This keeps her anxious and distracted in class. Such symptoms are typical of which disorder?
A) Agoraphobia
B) Obsessive compulsive disorder

C) Obsessive behavior

D) Generalized Anxiety disorder.

5. During the course of treatment in psychodynamic therapy, the client has resentment, hostility and anger towards the therapist. This is called_____.

6. George's sympathetic nervous system is engaged in the flight or fight syndrome due to a major stressor in his life. Which stage of general adaptation syndrome is he experiencing?

7. Expand PASS.

8. _____ is a reduction in individual effort when working on a collective task.

9. The _____ convinces the person that he will continue to remain poor, this belief is carried from one generation of poor to another.

10. Even though Ajay's father has recently bought him a pair of trousers, Ajay is insisting on buying a new pair of a particular brand of jeans that all his classmates are wearing. Ajay's behavior illustrates_____.

A) Compliance

B) Obedience

C) Conformity

D) Competition

PART B (2X6=12 Marks)

11. What is token economy?

12. What according to Eysenck are the two most important dimensions of personality.

13. State one difference between Naturalistic observation and Participant observation.

14. What is Biofeedback?

15. Identify the unhelpful habits that make us vulnerable to stress.

16. What is Crowding tolerance?

PART C (3X4=12 Marks)

17. ' Culture of Poverty is also a cause of poverty'. Explain.

18. How does Systematic Desensitization helps in the treatment of Phobias or irrational fears.

19. Explain the A-B-C components of an Attitude.

20. Highlight the importance of schemas in social cognition.

PART D (4X6=24 Marks)

21. Mention some of the major reasons for Group conflicts.

22. Explain the Triarchic Theory of intelligence.

23. What is meant by delay of gratification? Why is it considered important for an adult development?

OR

Explain the Concept of Cognitive Dissonance in attitude change.

24. Briefly explain Carl Jung's: Aims and Aspirations.

OR

Explain the Coping strategies given by Endler and Parker.

25. What do you understand by the term Environment? Explain the different Perspectives to understand the human-environment relationship.

26. What are the techniques used in the rehabilitation of the mentally ill? Explain.

PART E (6X2=12 Marks)

27. Describe Carl Rogers and Abraham Maslow's contribution to the Humanistic Perspective on personality.

OR

Discuss the psychological impact of television viewing on human behavior.

28. "Any intellectual activity involves the independent functioning of three neurological systems". Explain with reference to PASS model.

OR

Describe the types of Anxiety Disorders.