PART- A

1. ___________ is the biological age from birth.
2. Define self.
3. ___________ are agents causing physical illness.
4. Forceful destructive behaviour towards another person or object is described as ___________.
5. Victor Frankl, a psychiatrist and a neurologist propounded ___________ which means treatment for the soul.
6. ___________ is a mental structure that provides set of rules framework or guidelines for processing information about any object.
7. When you find others also favouring capital punishment you feel that this view is validated by public. This is a sort of ___________ effect.
8. What is ‘Bottled up’ gets an outlet, and thus cleans the system like a choked drainpipe being cleaned. This process is called ___________.
9. ___________ are structures deliberately created by an individual or a group to seek fulfilment of a set of shared goals and objects.
PART - B

11. What are Cardinal traits?
12. What is Eustress?
13. Define schizophrenia.
14. What is Electro-Convulsive therapy?
15. What is Halo effect?
16. What is meant by Personal Space?

PART - C

17. Explain Charles spearman’s two-factor theory.
18. State the three levels of consciousness? Explain.
19. Name the main types of Mood disorders. Explain Bipolar disorder.
   OR
   Explain diathesis-stress model. Describe the three components.

20. Mention the Goals of Psychotherapy.

PART - D

21. Name the five-stage theory of personality by Freud. Describe any two.
22. Define stress and explain the four major effects of stress on psychological functioning and health.
   OR
   What is stress and explain the types of stress.
23. Briefly explain the various somatoform disorders.
24. How is Rational Emotive Therapy used in treating Psychological disorders?
26. What is pro-environmental behavior? How can the environment be protected from pollution? Suggest some strategies.

PART - E

27. Describe Gardner’s theory of Multiple Intelligence.
   OR
   What is Assessment? Describe the various methods used for Psychological assessment.

28. Define counselling? Describe the different stages of counselling process?