Q: 1. What is sports journalism?
Q: 2. Define Endurance?
Q: 3. What is Olympic Moto?
Q: 4. What do you mean by elements of yoga?
Q: 5. What do you mean narcotics?
Q: 6. What do you mean by adaptation?
Q: 7. What is body Composition?
Q: 8. What do you mean by appendicular skeleton?
Q: 9. Mention briefly about freely movable joints?
Q: 10. Clarify the meaning of equilibrium?
Q: 11. What do you mean by sports training?
Q: 12. What is the contribution of Central Advisory Board of Physical Education and Recreation
Q: 13. What is a intellectual wellness?
Q: 14. What are the criteria for the Rajiv Gandhi Khel Ratna Award?
Q: 15. What do you mean by harmful ergogenic aids?
Q: 16. What do you mean by waist-Hip Ratio?
Q: 17. What do you mean by Force? Explain their Types?
Q: 18. What are the various career option in physical education?
Q: 19. Discuss any three technique in behavior change in for physical activity.
Q: 20. Discuss about Olympic fame and Olympic oath.
Q: 21. "Yoga is Indian Heritage", elaborate.
Q: 22. What do you mean by law of reaction along with application in sports?
Q: 23. How will you measure the somototype? Explain the procedure in brief.
Q: 24. What do you mean by sports training? Enumerate the principles of sports training.
Q: 25. Explain the structure of heart with diagram
Q: 27. Explain warming up and limbering down?
Q: 28. Elucidate the importance of anatomy and Physiology in the field of sports.