The much awaited summer holidays are here. Utilize these days to spend quality time with your child.

❖ Make a routine for your child to play, revise concepts and watch TV. Let your child watch some Educational and entertaining shows such as Discovery Kids, Animal Planet etc..so that TV time is just not a pass time.

❖ Avoid giving Mobile phones or Laptops, if needed just for an hour or so. Children addicted to mobiles lack social, verbal and motor skills and lack interest in reading and writing.

❖ To develop fine motor skills, encourage her to make free hand drawing and colour them. Colouring, building blocks, puzzles etc are wonderful ways to keep them engaged and to develop naturally.

❖ Let them have at least an hour or two of free play like swinging, sliding, etc. which helps them to develop their gross motor skills and body balance.

Social Skills

Help your child to become a caring human being by developing the following habits.

1. Using four magical words.

   Please, Sorry, Thank you, and Excuse me.

2. Spending time with grandparents and elderly.

3. Keeping the house clean. Encourage him/her to put back the toys after playing, books after reading, dresses and shoes in proper places,etc.

4. Helping you in arranging the dining table.

5. Making his/her own bed and putting towels back in its place.

6. Taking care of pets if you have any, tending plants etc..

7. Washing hands frequently, avoid eating uncovered food, covering the nose while sneezing and personal hygiene.

Inadequate playtime and movement can cause problems in children such as clumsiness, lack of concentration, trouble with emotional responses and poor problem solving methods.

Home Work

1. Homework should be done under parental supervision.

2. Make sure your syllabus is revised frequently. Set a fixed time for revision. Time management is a good skill to develop now.

4. Trace and write (Revision sheets for practice – make copies and revise)

3. Complete the given assignment worksheet and project given.

Ms.Sabina Sajid

HM KG