

**INTERNATIONAL INDIAN SCHOOL, DAMMAM**

**CLASS-I EVS WORKSHEET -1**

**L-2 MY BODY**

Name: \_\_\_\_\_ Sec: \_\_\_\_\_ Date: \_\_\_\_\_

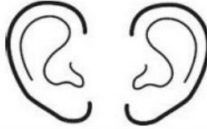




**I. Fill in the blanks using the given help box:**

**shoulders , legs , feet , sense organs , tongue , Skin**

1. We walk and run with our \_\_\_\_\_ and \_\_\_\_\_.
2. Rohan carries the bag on his \_\_\_\_\_.
3. \_\_\_\_\_ is the largest sense organ.
4. We taste food with our \_\_\_\_\_.
5. Our \_\_\_\_\_ help us to know about the outside world.



**II. Match the following:**

	A	B	
1.	feel		
2.	smell		
3.	see		
4.	hear		
5.	taste		



**III. Write "True" or "False" for the following sentences:**

- 1. Our body is made up of different parts. \_\_\_\_\_
- 2. We should not take care of our body. \_\_\_\_\_
- 3. Watching too much TV is not good for our eyes. \_\_\_\_\_
- 4. We have five toes. \_\_\_\_\_

**IV. Choose and tick the correct answer for the given pictures:**

- 1. We have seven sense organs.
- We have five sense organs.

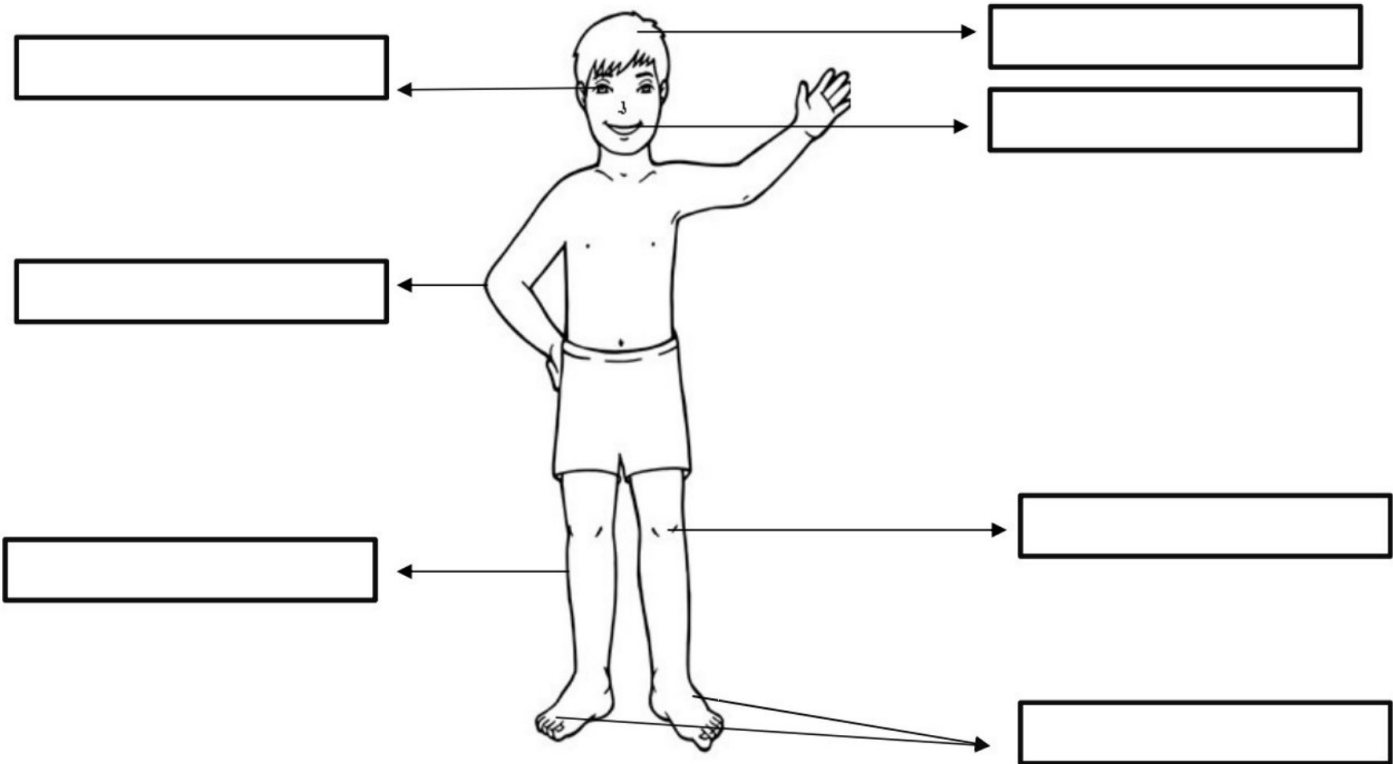


- 2. Riya tastes ice-cream with her tongue.
- Riya tastes ice-cream with her skin.



**V. Label the body parts using the help box and colour the picture:**

**eye , leg , knee , mouth , head , elbow , feet**



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CLASS – 1 EVS WORKSHEET - 2


LESSON-3 MY FAMILY (For orals)

NAME: \_\_\_\_\_ SEC: \_\_\_\_\_ DATE: \_\_\_\_\_

I. Fill in the blanks using the correct word from the box:

son , children , wife , sister , family

- 1) Parents and their children together make a \_\_\_\_\_.
- 2) My uncle's \_\_\_\_\_ are my cousins.
- 3) Your mother is your father's \_\_\_\_\_.
- 4) I am a boy, I am my parent's \_\_\_\_\_.
- 5) My mother's \_\_\_\_\_ is my aunt.



Together we  
make a family

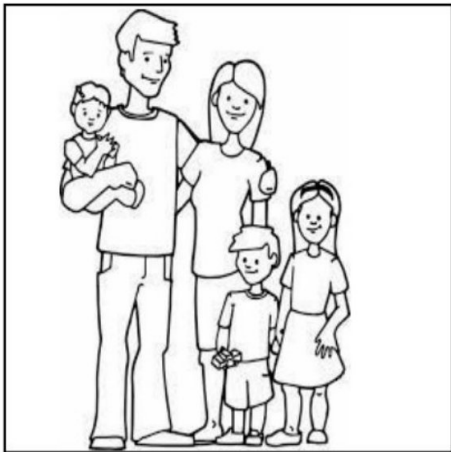
II. Write "True" or "False":

- 1) Your father's sister is your aunt. \_\_\_\_\_
- 2) Members of a family should not help each other. \_\_\_\_\_
- 3) We have two sets of grandparents. \_\_\_\_\_
- 4) A family teaches us good manners and habits. \_\_\_\_\_

III. Underline the correct option:

- 1) Our brothers and sisters are called our **(siblings / aunts)**.
- 2) **(Uncle / grandfather)** is my father's father.
- 3) Our mother and father are known as our **(parents / grandparents)**.
- 4) A \_\_\_\_\_ tree shows how much members of a family are related to each other **(family / relatives)**.

**IV. Identify and underline the types of families:**



A small nuclear family/  
A big nuclear family



A small joint family /  
A big joint family

**V. Identify and circle the names of family members from the word grid.**

F	A	T	H	E	R	L
B	R	O	T	H	E	R
M	O	T	H	E	R	K
P	N	U	N	C	L	E
S	O	N	A	U	N	T
T	C	O	U	S	I	N

**Family is a little world created with love**

**INTERNATIONAL INDIAN SCHOOL, DAMMAM**

**CLASS-1 EVS WORKSHEET - 3**

**L-4 MY FOOD HABITS**

NAME: \_\_\_\_\_ SEC: \_\_\_\_\_ DATE: \_\_\_\_\_

**I. Name two foods that:**

1. Give us energy: \_\_\_\_\_ , \_\_\_\_\_
2. Help us to grow: \_\_\_\_\_ , \_\_\_\_\_
3. Keep us healthy: \_\_\_\_\_ , \_\_\_\_\_

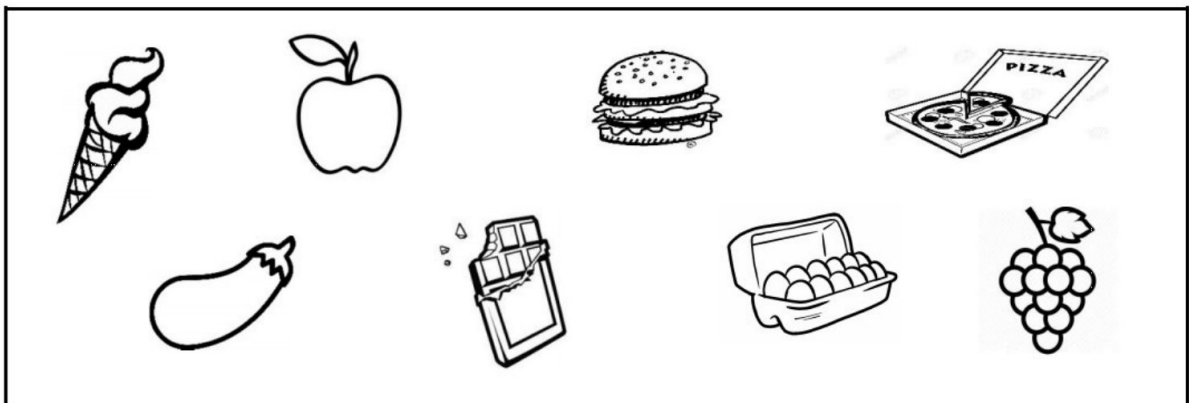
**II. Fill in the blanks:**

1. \_\_\_\_\_ is the food that we eat at a certain time.
2. Foods like fruits and vegetables keep us \_\_\_\_\_.
3. We get food from \_\_\_\_\_ and \_\_\_\_\_.
4. \_\_\_\_\_ and cereals are together called food grains.

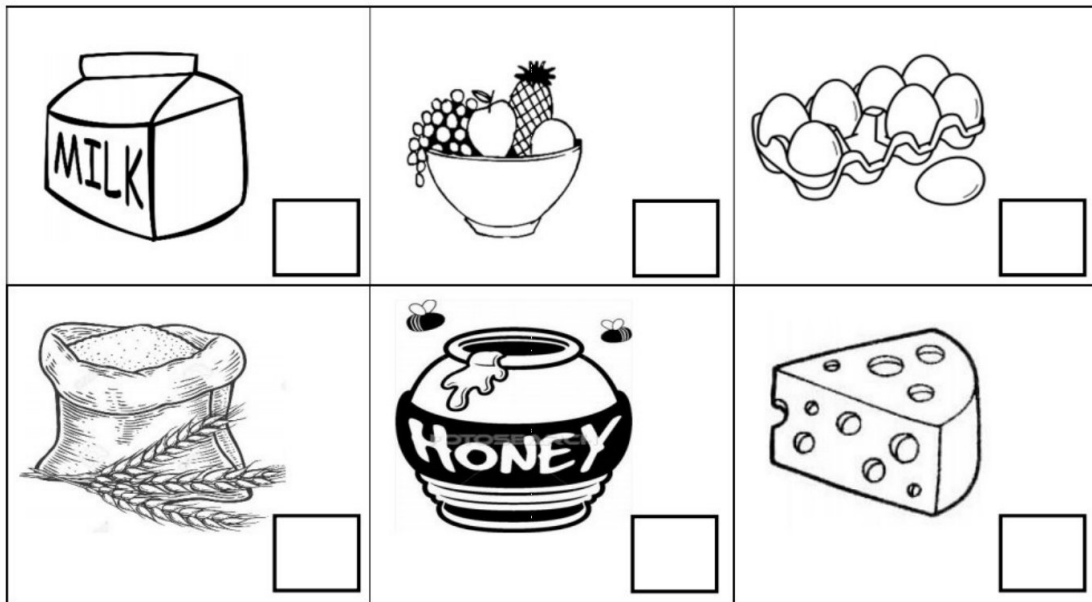
**III. Write 'True' or 'False' for the following:**

1. Different foods help us in different ways. \_\_\_\_\_
2. Dinner is eaten in the morning. \_\_\_\_\_
3. Do not wash your hands before and after every meal. \_\_\_\_\_
4. We must never waste food. \_\_\_\_\_

**IV. Circle the healthy food:**

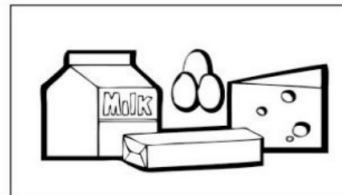


**V. Write 'P' for foods that you get from plants and 'A' for foods that you get from animals:**

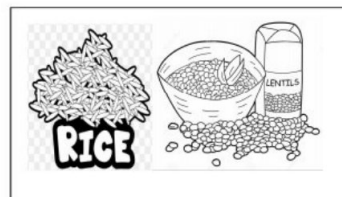


**VI. Choose and tick the correct answer for the given pictures:**

1. i) These are plant products.   
 ii) These are milk products.



2. i) These are cereals and pulses.   
 ii) These are vegetables.



IT IS  
HEALTH  
THAT IS  
REAL  
WEALTH

**VII. Draw and colour:**







**IV. Write "True" or False":**

- 1. Dirty water has germs which can make us sick. \_\_\_\_\_
- 2. Wind that blows gently is called a storm. \_\_\_\_\_
- 3. Drinking water should not be stored in closed containers. \_\_\_\_\_
- 4. Air occupies space. \_\_\_\_\_
- 5. Fish breathe through fins. \_\_\_\_\_

**V. Think and tick the correct answer:**

- 1. Why we should not burst crackers?
  - a) It makes the air clean.
  - b) It makes the air dirty.
- 2. Why do plants need water?
  - a) To prepare their food.
  - b) To wash.



**VI. Identify and colour the sources of water:**

